

Join St. Ursula in Fighting Childhood Hunger!

A New Partnership with St. John's Lutheran Church



St. Ursula Parish is excited to expand our partnership with St. John's Lutheran Church in their long-running **Food for Thought** program, which provides weekend food bags to local children who might otherwise go hungry.

Over the past year, St. Ursula's has helped in a small way, but now we are taking a bigger step—and we need your help! **Our parish has always been a generous and giving community, especially when it comes to caring for those in need, and I am deeply grateful for your kindness. Your generosity makes a real difference in the lives of so many, and this is another opportunity for us to extend our reach and serve those who need it most.**

How You Can Get Involved:

•**VOLUNTEER** – If you'd like to help pack and distribute food bags, please contact **St. John's Lutheran Church** for volunteer opportunities with Food For Thought. Contact St. John's Office at (410) 665-1234

•**DONATE**—Non-perishable food donations can be dropped off at designated bins in the church.

•**GIVE FINANCIALLY**— A portion of our **poor box** will now be designated for this ministry, or you make a **direct donation** by writing a check to St. Ursula with "**Food for Thought**" in the memo line.

For general questions about St. Ursula's involvement, please contact our parish liaison, **Tanya Ray, Youth Minister** at Tanya.Ray@ArchBalt.org or 410-665-2111.

TO volunteer, please call the office at St. John's Office at (410) 665-1234

Whatever you did for one of these least brothers of mine, you did for me. Matthew 25:40



Food For Thought Items Needed:

- 7.5 oz Chef Boyardee meals
- 3.5 oz Tuna or Chicken Salad kits
- Pudding cups
- Apple sauce pouches (no cups with foil lids)
- Individual pack of cookies (no peanut butter)
- Pop tarts, granola bars, cereal bars (no peanut butter)
- Drink boxes/pouches (low or no sugar added)
- Small bags of potato chips or other snack items
- Individual packs of snack crackers (no peanut butter)
- Fruit snacks

