

The Choosing of a Christian Name

Many people choose an additional saint's name at Confirmation. The preferred name, however, is the baptismal name because it expresses the relationship that exists between Baptism and Confirmation.

If a new name is taken, however, it should be the name of a recognized saint of the Catholic church. If the baptismal name is not that of a recognized saint, a new name should be chosen for Confirmation.

Names of saints are chosen to serve as patrons and models for those being confirmed. Candidates should choose a patron saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life that person led.

Find out more about your patron saint's life. Choose either your baptismal or confirmed patron.

Saint's Name: _____ Feast Day: _____

Name or derivative you have selected to use
to honor this special patron: _____

Saint's Place of Birth: _____

Find out something about this saint's:

Family: _____

Occupation: _____

Life and/or death: _____

What virtues did this saint practice in his/her life? _____

What aspect of this person's Christian life attracted you? _____

How is this saint a model for Christians today? _____

Ask your parents, or whoever named you, how they picked the name you received at birth. Your baptismal name? Then write (on back) a brief story about what you found out.

Candidate's full name: _____
(first, middle, last)